

Key Risk and Protective Factors by the Six Domains

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Domain	Protective Factors	Risk Factors
Individual	<ul style="list-style-type: none"> · Positive personal characteristics, including <i>Social skills and social responsiveness; cooperativeness; emotional stability; positive sense of self; flexibility; problem-solving skills; and low levels of defensiveness.</i> · Bonding to societal institutions and values, including <i>Attachment to parents and extended family; commitment to school; regular involvement with religious institutions; and belief in society's values.</i> · Social and emotional competence, including <i>Good communication skills; responsiveness; empathy; caring; sense of humor; inclination toward pro-social behavior; problem-solving skills; sense of autonomy; sense of purpose and of the future (e.g., goal-directedness); and self-discipline.</i> 	<ul style="list-style-type: none"> · Inadequate life skills. · Lack of self-control, assertiveness, and peer-refusal skills. · Low self-esteem and self-confidence. · Emotional and psychological problems. · Favorable attitudes toward substance use. · Rejection of commonly held values and religion. · School failure. · Lack of school bonding. · Early antisocial behavior, such as lying, stealing, and aggression, particularly in boys, often combined with shyness or hyperactivity.
Family	<ul style="list-style-type: none"> · Positive bonding among family members. · Parenting that includes <i>High levels of warmth and avoidance of severe criticism; sense of basic trust; high parental expectations; and clear and consistent expectations, including children's participation in family decisions and responsibilities.</i> · An emotionally supportive parental/family milieu, including <i>Parental attention to children's interests; orderly and structured parent-child relationships; and parent involvement in homework and school-related activities.</i> 	<ul style="list-style-type: none"> · Family conflict and domestic violence. · Family disorganization. · Lack of family cohesion. · Social isolation of family. · Heightened family stress. · Family attitudes favorable to drug use. · Ambiguous, lax, or inconsistent rules and sanctions regarding substance use. · Poor child supervision and discipline. · Unrealistic expectations for development.

Domain	Protective Factors	Risk Factors
Peer	<ul style="list-style-type: none"> · Association with peers who are involved in school, recreation, service, religion, or other organized activities. 	<ul style="list-style-type: none"> · Association with delinquent peers who use or value dangerous substances. · Association with peers who reject mainstream activities or pursuits. · Susceptibility to negative peer pressure. · Strong external locus of control.
School	<ul style="list-style-type: none"> · Caring and support; sense of “community” in classroom and school · High expectations from school personnel. · Clear standards and rules for appropriate behavior. · Youth participation, involvement, and responsibility in school tasks and decisions. 	<ul style="list-style-type: none"> · Ambiguous, lax, or inconsistent rules and sanctions regarding drug use and student conduct. · Favorable staff and student attitudes toward substance use. · Harsh or arbitrary student management practices. · Availability of dangerous substances on school premises. · Lack of school bonding.
Community	<ul style="list-style-type: none"> · Caring and support. · High expectations of youth. · Opportunities for youth participation in community activities. 	<ul style="list-style-type: none"> · Community disorganization. · Lack of community bonding. · Lack of cultural pride. · Lack of competence in majority culture. · Community attitudes favorable to drug use. · Ready availability of dangerous substances. · Inadequate youth services and opportunities for pro-social involvement.
Society	<ul style="list-style-type: none"> · Media literacy (resistance to pro-use messages). · Decreased accessibility. · Increased pricing through taxation. · Raised purchasing age and enforcement. · Stricter driving-while-under-the-influence laws. 	<ul style="list-style-type: none"> · Impoverishment. · Unemployment and underemployment. · Discrimination. · Pro-drug-use messages in the media.